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## Chronic Illness is a Toxic Issue

*We are living at a time of alarming rates of chronic disease. Illnesses are increasing not only with age, but also in children. Why?*

**W**hat is happening is chronic toxicity in the population. People are getting overloaded with artificial additives, pesticides and growth hormones in food, as well as chemicals in personal care products. You would be surprised at how it all adds up - and the body can only take so much before it breaks down.

One of the most pervasive chemicals in the food chain is fluoride. It is nearly impossible now to avoid it and is present in apples, tea, toothpaste, pesticides, fertilisers, fuels, exhaust fumes, dental floss, canned beverages, soft drinks, insecticides, fish, baby foods, antibiotics, anaesthetics, medications, synthetic oestrogens in the oral contraceptive pill, and RAT and COCKROACH poison!

The body can tolerate a very small amount, but once it reaches certain levels it can cause chemical sensitivity and allergy, brittle bones and crippling fluorosis, mottling and pitting of teeth, infertility, digestive disorders, thyroid problems, low IQ, dementia and a higher cancer risk.

Fluoride can deplete zinc, which is necessary for thyroid function and especially for a good immune system. Mother Nature keeps Fluoride away from our newborns by keeping it out of breast milk because it is toxic to the nervous system and interferes with brain development.

Fluoride is what is known as a 'bio-accumulator' i.e. it enters your body but it doesn't leave it as eagerly. It is more toxic than LEAD. 'Medical' science once claimed the safety of adding lead to petrol and paint, however after a lot of lead poisoning this was eventually fully discredited.

Note also that fluoridation chemicals are not even the same as fluoride in toothpaste (although, seek medical advice if your young child swallows it). They are an industrial waste by-product of the phosphate fertilizer industry and contain other heavy metals too. So, what is my recommendation regarding fluoridation? Simple. Don't drink poison.